



## **FOR IMMEDIATE RELEASE**

CONTACT: TED KRAFCZYK, PUBLIC INFORMATION OFFICER  
MONONGALIA COUNTY HEALTH DEPARTMENT  
TELEPHONE: 304-598-5155 FAX: 304-225-2565 [TED.L.KRAFCZYK@WV.GOV](mailto:TED.L.KRAFCZYK@WV.GOV)

### ***AMERICAN DIABETES MONTH MORGANTOWN, WV – NOVEMBER 1, 2012***

**AMERICAN DIABETES MONTH TAKES PLACE EACH NOVEMBER AND IS A TIME TO COME TOGETHER AS A COMMUNITY TO STOP DIABETES®!**

- **NEARLY 26 MILLION AMERICANS HAVE DIABETES INCLUDING 7 MILLION WHO DON'T KNOW IT.**
- **NEARLY 2 MILLION NEW CASES OF DIABETES ARE DIAGNOSED EACH YEAR.**
- **79 MILLION AMERICANS HAVE PREDIABETES.**

**DIABETES IS A LIFE-ALTERING AND LIFE-THREATENING DISEASE. PEOPLE DIAGNOSED WITH THE DISEASE ARE AT GREATER RISK FOR HEART ATTACKS, STROKES, KIDNEY DISEASE, BLINDNESS, AMPUTATIONS, AS WELL AS INCURRING SERIOUS FINANCIAL AND EMOTIONAL HARDSHIP.**

**RECENT ESTIMATES PROJECT THAT AS MANY AS 1 IN 3 AMERICAN ADULTS WILL HAVE DIABETES IN 2050 UNLESS WE TAKE STEPS TO STOP DIABETES.**

**KNOWING THE RISKS, RECOGNIZING THE WARNING SIGNS, AND PURSUING HEALTHIER EATING HABITS AND REGULAR PHYSICAL EXERCISE, IS CRITICAL TO PREVENTING DIABETES OR EFFECTIVELY MANAGING THE DISEASE.**

**FOR MORE INFORMATION VISIT THE AMERICAN DIABETES ASSOCIATION WEBSITE AT:  
[HTTP://WWW.DIABETES.ORG/](http://WWW.DIABETES.ORG/)**

**###**